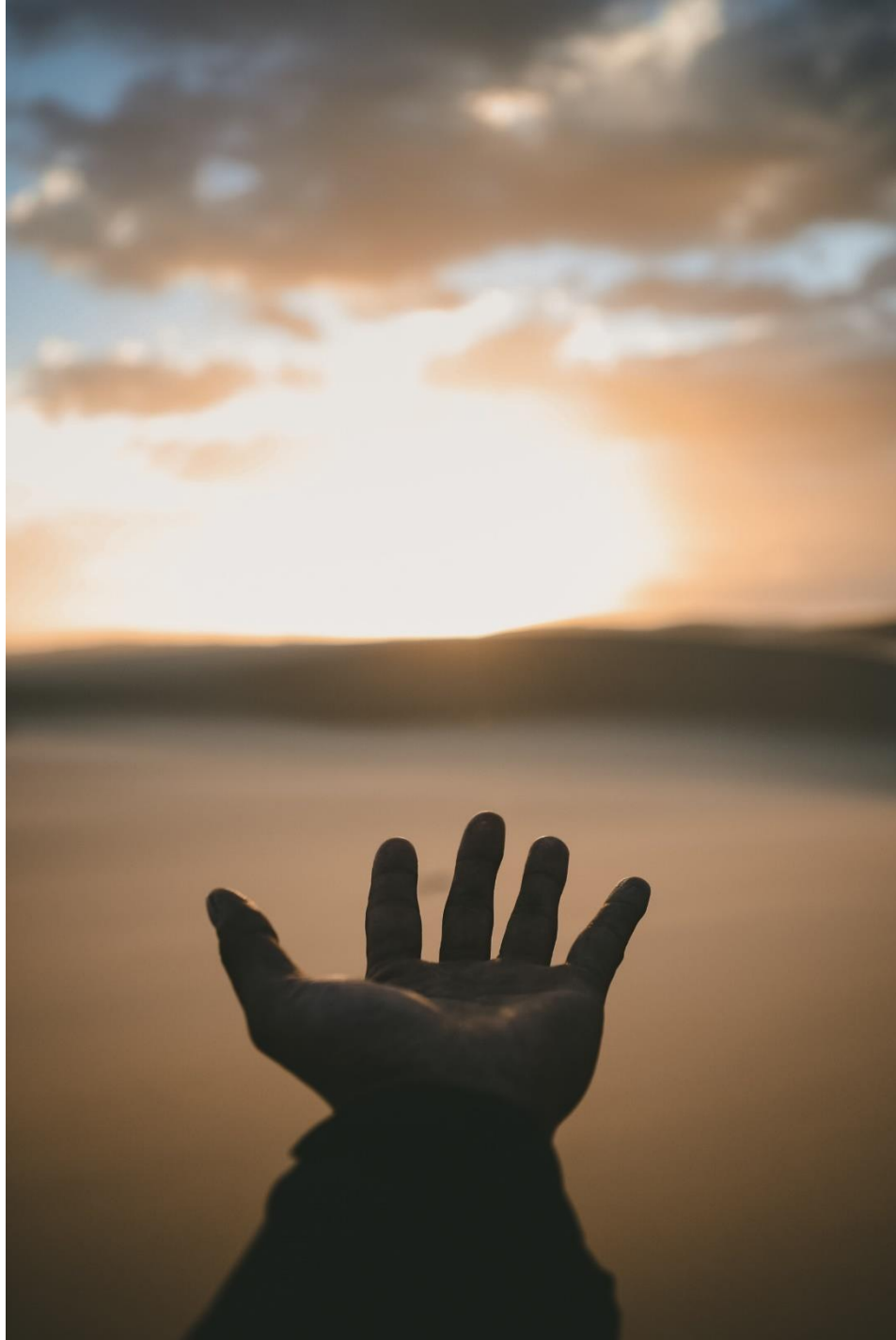




St. Mary's Episcopal Church

JULY 2, 2023

FIFTH SUNDAY AFTER PENTECOST



A SERVICE OF HOLY EUCHARIST AT 10AM

Cover Photo by Billy Pasco, from *Unsplash.com*

Welcome.

We are glad that you are here today. We hope that you feel right at home, whether you are a first-timer or an old-timer. Relax; you are among friends.

Lift your heart and voice to the God who loves you.

However you found us, and by whatever means you are here, we are delighted to share this Way with you. If you'd like more information about St. Mary's, or would like a call from our clergy, please let us know - either in person, or by visiting www.GodsView.org/Connect/.



MINISTERS OF THE SERVICE

The ministers of St. Mary's are all the people of St. Mary's

Preacher: [The Rev. Dawn Allen-Herron](#), Associate Rector

Celebrant/Gospel Reader: [The Rev. Israel Portilla-Gómez](#), Associate Rector

Reader: Deb Kennedy

Voice of the People: Kristina Hunter

Prayers of People: Ross McKay

Musicians: Praise Singers

Media Specialists: Seth Eggleston, Nicki Thurwanger, and Jamie Aiden Green

Communion Bread Baker: Laura Hanrahan

GATHERING IN THE NAME OF GOD

GATHERING MUSIC • *Various selections from the Liturgical Music* • Praise Singers

GATHERING MUSIC • *Climbing High Mountains* • Author unknown

Leader: Lord, I'm climbing high mountains trying to get home.

Group: *Lord, I'm climbing high mountains trying to get home.*

*Lord, I'm climbing high mountains, climbing high mountains,
Climbing high mountains trying to get home.*

Leader: Lord, I'm bearing my burdens trying to get home.

Group: *Lord, I'm bearing my burdens trying to get home.*

*Lord, I'm bearing my burdens, bearing my burdens,
Bearing my burdens trying to get home.*

Repeat pattern with additional verses

Lord, I'm having hard trials trying to get home.

Lord, my way's sometimes weary trying to get home.

Lord, I'm climbing high mountains trying to get home.

WELCOME • The Rev. Dawn Allen-Herron

***OPENING HYMN** • *I Will Sing of the Mercies* • By J.H. Fillmore

I will sing of the mercies of the Lord forever,

I will sing, I will sing,

I will sing of the mercies of the Lord forever,

I will sing of the mercies of the Lord.

With my mouth will I make known,

Thy faithfulness, thy faithfulness,

With my mouth will I make known,

Thy faithfulness to all generations.

[REPEAT]

***OPENING SENTENCES**

Priest Blessed be the one, holy, and living God.

People *Glory to God for ever and ever.*

SERVICE OF THE WORD

*THE COLLECT

Priest God be with you.

People ***And also with you.***

Priest Let us pray.

Loving Jesus: Protect and sustain us with your hand. Open the door of your love that, sealed with your wisdom, we may be free to serve you with joy. ***Amen.***

FIRST READING • Jeremiah 28:5-9

Reader A Reading from Jeremiah.

The prophet Jeremiah spoke to the prophet Hananiah in the presence of the priests and all the people who were standing in the house of the LORD; and the prophet Jeremiah said, "Amen! May God do so; may God fulfill the words that you have prophesied, and bring back to this place from Babylon the vessels of the house of God, and all the exiles. But listen now to this word that I speak in your hearing and in the hearing of all the people. The prophets who preceded you and me from ancient times prophesied war, famine, and pestilence against many countries and great kingdoms. As for the prophet who prophesies peace, when the word of that prophet comes true, then it will be known that God has truly sent the prophet."

Reader The Word of the Lord.

People ***Thanks be to God.***

PSALM 13

ANTIPHON



Will you for- give me? Did you for- get me? When life is hea- vy, do you lift it



with me?

How long, O God?

will you forget me for ever?

how long will you hide your face from me?

How long shall I have perplexity in my mind,
 and grief in my heart, day after day?
 how long shall my enemy triumph over me?

Look upon me and answer me, O God, my God;
 give light to my eyes, lest I sleep in death;

ANTIPHON (ALL SING)

Lest my enemies say they have prevailed over me,
 and my foes rejoice that I have fallen.

But I put my trust in your mercy;
 my heart is joyful because of your saving help.

I will sing to the Holy One, who has dealt with me richly;
 I will praise the Name of God Most High.

ANTIPHON (ALL SING)

SECOND READING • Romans 6:12-23

Reader A reading from the letter to the Romans.

Do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace.

What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient servants, you are servants of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been servants of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become servants of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as servants to impurity and to greater and greater iniquity, so now present your members as servants to righteousness for sanctification.

When you were servants of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and

enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Reader The Word of the Lord.

People ***Thanks be to God.***

***GOSPEL HYMN • *Whatsoever You Do* • Willard F. Jabusch**

Whatsoever you do to the least of my people, That you do unto me.

When I was hungry, you gave me to eat;

When I was thirsty you gave me to drink.

Now enter into the home of my Father.

When I was homeless, you opened your door;

When I was naked, you gave me your coat.

Now enter into the home of my Father.

Whatsoever you do to the least of my people, That you do unto me.

When in a prison, you came to my cell;

When on a sickbed, you cared for my needs.

Now enter into the home of my Father.

When I was laughed at, you stood by my side;

When I was happy, you shared in my joy.

Now enter into the home of my Father.

Whatsoever you do to the least of my people, That you do unto me.

***THE GOSPEL • Matthew 10:40-42**

Priest The Holy Gospel of our Lord Jesus Christ according to Matthew.

People ***Glory to you, Lord Christ.***

Priest Jesus said, "Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple-- truly I tell you, none of these will lose their reward."

The Gospel of the Lord.

People ***Praise to you, Lord Christ.***

SERMON • The Rev. Dawn Allen-Herron

***AFFIRMING OUR FAITH**

1. We be - lieve in God al - might - y, Au - thor of all
 2. We be - lieve that Je - sus suf - fered, scourged and scorned and
 3. We be - lieve in God's own Spir - it, bond - ing all the

things that be, Mak - er of the earth and heav - ens,
 cru - ci - fied; tak - en from the cross, was bur - ied—
 saints with - in one church, cath - o - lic and ho - ly,

Keep - er of the sky and sea. We be - lieve in
 True Life there had tru - ly died. We be - lieve that
 where for - give - ness frees from sin; in the bod - y's

God's son, Je - sus, now for us both Lord and Christ, of the Spir - it
 on the third day Christ was raised up from the grave, then as - cend - ed
 res - ur - rec - tion, for the break - ing of death's chain gives the life that's

and of Mar - y born to bring a - bun - dant life.
 to God's right hand. He will come to judge and save.
 ev - er - last - ing. This the faith that we have claimed.

***THE PRAYERS OF THE PEOPLE**

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Michael Curry our Presiding Bishop, Mark our Bishop; and all bishops and ministers;

For all who serve God in the Church.

For the special needs and concerns of this congregation.

The People may add their own petitions, aloud or via chat boxes

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

The People may add their own thanksgivings, aloud or via chat boxes

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

The People may add their own petitions, aloud or via chat boxes

Lord, let your loving-kindness be upon them;

Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

A Priest says Together, praying,

Minister and People

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done,

and by what we have left undone.

*We have not loved you with our whole heart;
 we have not loved our neighbors as ourselves.
 We are truly sorry and we humbly repent.
 For the sake of your Son Jesus Christ,
 have mercy on us and forgive us;
 that we may delight in your will,
 and walk in your ways,
 to the glory of your Name. Amen.*

A Priest says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

***THE PEACE**

Priest The peace of Christ be always with you.

People **And also with you.**

Then the People may greet one another in the name of God.

SERVICE OF THE HOLY COMMUNION

OFFERING

*Offerings toward the work and ministry of St. Mary's may be made
 by texting **StMarysAK** to **73256**, or at GodsView.org.*



Open. Aim. Tap.

OFFERTORY HYMN • *How Can We Live as Christians Here?* • To the tune of *Barbry Allen*

How can we live as Christians here,
 Untouched by one another,
 Lip service paying to the name
 Of sister and of brother?

Christ is the one who calls us one,
 Who leads us to each other;
 His voice we hear, his Word we read
 And yet his will we smother.

One is the water by which sign
Our lives for God are chosen;
One is the grace with which our Lord
From sin ourselves can loosen;

But not in bread and wine as yet
Are hearts and hands united,
Though each can hear the banquet song
To which all are invited.

If our still hands no body take,
Still bind us in intention:
Communion must come first through you
And not by our invention.

O Christ of vision and of hope,
Without whose food we perish,
Show us the way by which, as one,
We'll share the One we cherish.

DOXOLOGY

*Praise God, from whom all blessings flow,
Praise God, all creatures here below,
Praise God above, ye heavenly host,
Praise Father, Son, and Holy Ghost!*

THE GREAT THANKSGIVING

Priest God be with you.

People ***And also with you.***

Priest Lift up your hearts.

People ***We lift them to the Lord.***

Priest Let us give thanks to the Lord our God.

People ***It is right to give our thanks and praise.***

The priest continues

It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy.

You have filled us and all creation with your blessing and fed us with your constant love; you have redeemed us in Jesus Christ and knit us into one body. Through your Spirit you replenish us and call us to fullness of life.

Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

SANCTUS

Ho - ly, ho - ly, ho - ly Lord. God of power and
 might, heaven and earth are full of your glo - ry. Ho -
 san - na in the high - est. Blessed is the one who comes
 in the name of the Lord. Ho - san - na in the
 high - est. Ho - san - na in the high - est.

Blessed are you, gracious God,
 creator of the universe and giver of life.
 You formed us in your own image
 and called us to dwell in your infinite love.
 You gave the world into our care
 that we might be your faithful stewards
 and show forth your bountiful grace.
 But we failed to honor your image
 in one another and in ourselves;
 we would not see your goodness in the world around us;
 and so we violated your creation,
 abused one another,
 and rejected your love.

Yet you never ceased to care for us,
and prepared the way of salvation for all people.

Through Abraham and Sarah
you called us into covenant with you.
You delivered us from slavery,
sustained us in the wilderness,
and raised up prophets
to renew your promise of salvation.
Then, in the fullness of time,
you sent your eternal Word,
made mortal flesh in Jesus.

Born into the human family,
and dwelling among us,
he revealed your glory.
Giving himself freely to death on the cross,
he triumphed over evil,
opening the way of freedom and life.

On the night before he died for us,
Our Savior Jesus Christ took bread,
and when he had given thanks to you,
he broke it, and gave it to his friends, and said:

“Take, eat:

This is my Body which is given for you.

Do this for the remembrance of me.” 

As supper was ending, Jesus took the cup of wine,
and when he had given thanks,
he gave it to them, and said:

“Drink this, all of you:

This is my Blood of the new Covenant,
which is poured out for you and for all
for the forgiveness of sins.

Whenever you drink it,

do this for the remembrance of me.” 

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.


Christ will come again.

Remembering his death and resurrection,
we now present to you from your creation
this bread and this wine.

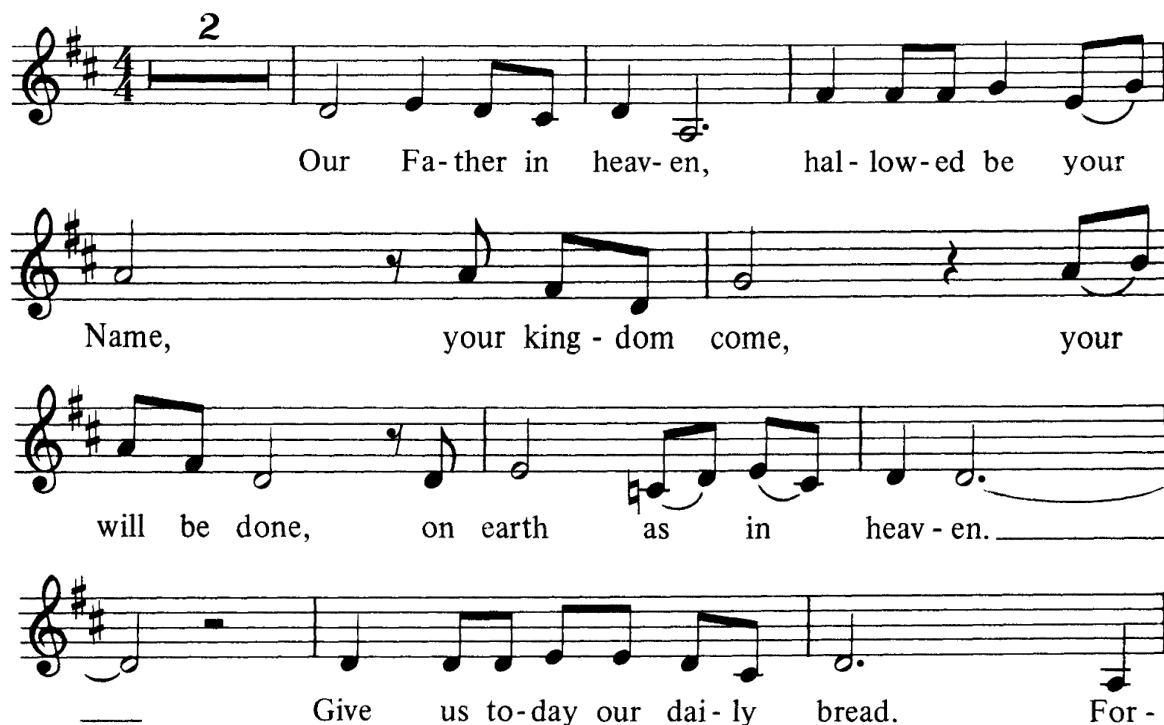
By your Holy Spirit may they be for us
the Body and Blood of our Savior Jesus Christ.

Grant that we who share these gifts
may be filled with the Holy Spirit
and live as Christ's Body in the world.

At the last day, bring us with all your saints,
past, present, and yet to come,
into the joy of your eternal kingdom.

Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise,
for ever and ever. **AMEN.** 

Priest As our Savior Christ has taught us, we now pray, singing:



Our Fa-ther in heav-en, hal-low-ed be your
Name, your king-dom come, your
will be done, on earth as in heav-en.
Give us to-day our dai-ly bread. For -

give us our sins as we forgive those who sin a -
 gainst us. Save us from the time of trial, —
 and de - liv - er us from e - vil. For the
 king - dom, the pow - er, and the glo - ry are
 yours, now and for - ev - er. A - men, A - men. —

BREAKING OF THE BREAD

Priest Alleluia! Christ our Passover is sacrificed for us;

People therefore let us keep the feast. *Alleluia!*

THE COMMUNION OF THE PEOPLE

ALL ARE WELCOME AT THE LORD'S TABLE

This is Christ's Banquet. It is made ready for those who love God,
 and for those who want to love God more.

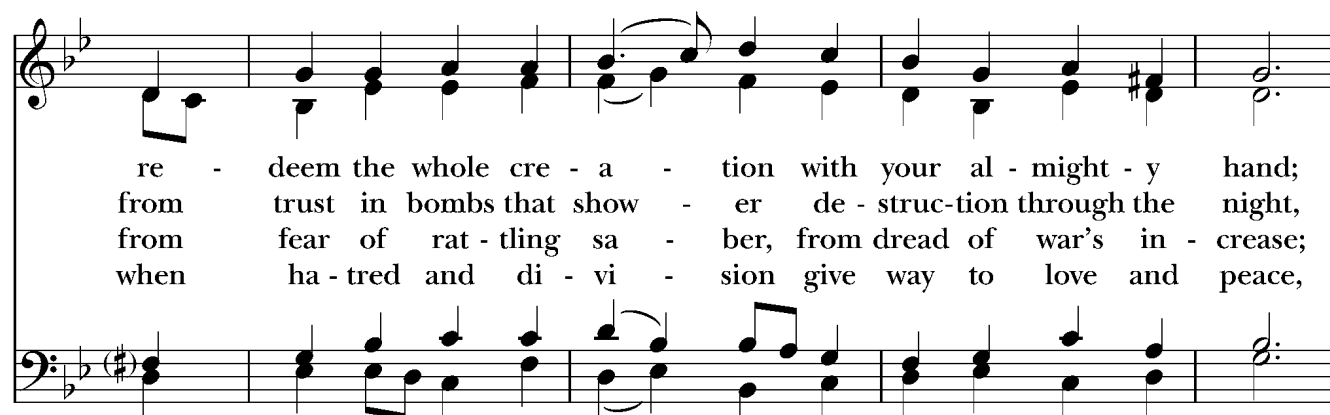
So, come, you who have much faith and you who have little, you who have
 been here often, and you who have not been here long, you who have tried
 to follow, and you who feel you have failed.

Come, because it is Christ who invites you.

COMMUNION HYMN • *Hymn to Freedom (Instrumental)*

COMMUNION HYMN • *O God of every nation* • Hymnal #607


1 O God of ev - ery na - tion, of ev - ery, race and land,
 2 From search for wealth and pow - er and scorn of truth and right,
 3 Lord, strength-en all who la - bor that we may find re - lease
 4 Keep bright in us the vi - sion of days when war shall cease,



re - deem the whole cre - a - tion with your al - might - y hand;
 from trust in bombs that show - er de - struc-tion through the night,
 from fear of rat - tling sa - ber, from dread of war's in - crease;
 when ha - tred and di - vi - sion give way to love and peace,



where hate and fear di - vide us and bit - ter threats are hurled,
 from pride of race and na - tion and blind-ness to your way,
 when hope and cour-age fal - ter, your still small voice be heard;
 till dawns the morn-ing glo-rious when truth and jus - tice reign



in love and mer - cy guide us and heal our strife - torn world.
 de - liv - er ev - ery na - tion, e - ter - nal God, we pray!
 with faith that none can al - ter, your ser-vants un - der - gird.
 and Christ shall rule vic - to - rious o'er all the world's do - main.

THE PRAYER AFTER COMMUNION

After Communion, a priest says Let us pray.

God of abundance,

you have fed us with the bread of life and cup of salvation;

you have united us with Christ and one another;

and you have made us one with all your people in heaven and on earth.

Now send us forth in the power of your Spirit,

that we may proclaim your redeeming love to the world

and continue for ever in the risen life of Christ our Savior. Amen.

BLESSING

SENDING OUT EUCHARISTIC VISITORS

Celebrant: (Name), in the name of this congregation, we send you to share our Eucharist with _____. May you take the prayers of all of us as you deliver the sacrament of Christ's presence.

ALL: We who are many are one body, because we all share in the one cup!

Celebrant: Go forth in the name of God!

ANNOUNCEMENTS

BIRTHDAYS

Watch over your child, O God, as their days increase; bless and guide them where ever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful, raise them up if they fall; and in their heart may your peace which passes understanding, abide all the days of their life; through Jesus Christ our Lord. Amen.

ANNIVERSARIES

Send, O God, your blessing upon these your servants. Sustain them in their love and commitment to each other, that their home may be a place of peace and hospitality now and always. Amen.

SOBRIETY

Bless, O God, your servant in their work or recovery; defend them in their sobriety; and bless them with strength and wisdom now and always. Amen.

WORK TRANSITION OR RETIREMENT

Gracious God, we thank you for the work and witness of this servant who has enriched this community and brought gladness to friends and family; now bless and preserve them at this time of transition. Guide them in the continued use of your gifts; provide sustenance for temporal and spiritual needs, friends to cheer the way, and a clear vision of the ministry to which you are now calling them. We pray in Jesus' name. Amen.

BLESSING SONG

May the blessing of God be upon you, the blessing of the Father and the Son. And may the Spirit of God, the Spirit of Love, be with you all your days.*

**Spirit of Peace [second verse]*

(Recessional Hymn on next page)



St. Mary's showing support at the Anchorage Pride 2023 celebration downtown last weekend.

***RECESSIONAL HYMN • *I Sing the Almighty Power of God* • Isaac Watts / Tune: Ellacombe**

E A E A F#m E A D A D E A E

I sing the al might y power of God that made the moun - tains rise, That
I sing the ___ good - ness of the Lord that filled the world with food, God
There's not a ___ plant or flower be - low but makes thy glor - ies known, And

A E A F#m E A D F#m E A

5

spread the ___ flow - ing seas a - broad and bui - lt the loft - ty skies. I ___
formed the ___ crea - tures with a word and then ___ pro - nounced them good. Lord
clouds a - rise and tem - pests blow by or - ders from thy throne; While -

A E A D E E A E A D E

9

sing the wis - dom that or ___ dained the ___ sun to rule the day. The
how thy won - ders are dis - played, where 'er I turn my eyes. If
all that bor - rows life from - thee is ___ ev - er in thy care, And

A E A F#m E A D F#m E A E

13

moon shines - full at God's com - mand and all ___ the stars o - bey.
I sur - vey the ground I tread or gaze up - on the skies.
ev - ery - where that we can be, Thou, God art pre - sent there.

A E A F#m E A D F#m E A

17

DISMISSAL

A priest says Let us go forth in the name of Christ. Alleluia, alleluia!

People Thanks be to God. Alleluia, alleluia!



Those using Zoom are invited to join breakout rooms for conversation and fellowship.



Those on campus are invited to Waldron Hall for refreshments and conversation.

Mission Trip 2024: Colombia

May 28-June 13 2024

Bogota, Amazonia, Cartagena

Next spring, our youth group will travel to Colombia for fellowship and service.

Talk to Rev. Israel to learn more!

FLOWERS AND DONUTS

If you would like to sponsor the flowers or donuts for an upcoming service, please find the sign-up binders in the narthex and enter your information there.

Thank you!



Open. Aim. Tap.

THIS WEEK AT ST. MARY'S

July 2-9, 2023

Scan QR code or visit

<https://www.GodsView.org/newsletter-signup/>

to sign up for our weekly newsletter

Sunday, July 2

8 am **Service of Holy Eucharist**

Sanctuary

9 am **First Sunday Breakfast**

Waldron Hall, Cay's Room, Classrooms 10

am [Service of Holy Eucharist](#)

Sanctuary & online; ID 940 3189 1877

11:30 am **Sermon Circle**

Cay's Room

4 pm **Evening Prayer**

Sanctuary

Monday, July 3

No scheduled events

Tuesday, July 4 – Independence Day

The church office is closed today

Wednesday, July 5

7 am [Service of Holy Eucharist](#)

Sanctuary & online; ID 584 949 088

Thursday, July 6

7 am **Men's Group**

Waldron Hall

7 pm [Bible Workbench](#)

Online; ID 821 8564 8348

Friday, July 7

No scheduled events

Saturday, July 8

10 am **Bazaar Workshop**

Waldron Hall

Sunday, July 9

8 am **Service of Holy Eucharist**

Sanctuary

10 am [Service of Holy Eucharist](#)

Sanctuary & online; ID 940 3189 1877

11:30 am **Sermon Circle**

Cay's Room

4 pm **Evening Prayer**

Sanctuary



St. Mary's Episcopal Church

2222 E. Tudor Road, Anchorage, Alaska 99507

At the corner of Lake Otis and Tudor

(907)563-3341 [GodsView.org](https://www.GodsView.org)

